

## 5. On fasting.

وعن أبي هريرة رضي الله عنه، قال: قال رسول الله صلى الله عليه وسلم: "قال الله عز وجل: كل عمل ابن آدم له إلا الصيام، فإنه لي وأنا أجزي به. والصيام جنة فإذا كان يوم صوم أحدكم فلا يرفث ولا يصخب، فإن سابه أحد أو قاتله، فليقل: إني صائم. والذي نفس محمد بيده لخلوف فم الصائم أطيب عند الله من ريح المسك." للصائم فرحتان يفرحهما: إذا أفطر فرح بفطره، وإذا لقي ربه فرح بصومه"

(H9/41)

**Abu Hurairah (May Allah be pleased with him) narrated, The Messenger of Allah ﷺ said:**

"Allah, the Exalted and Majestic, has said: 'Every deed of the son of Adam is for him, except for fasting; it is for Me, and I shall reward it.'

Fasting is a shield. Therefore, when any of you is fasting, he should neither indulge in foul language nor raise his voice in anger. If someone insults him or tries to argue with him, he should simply say: **'I am fasting.'**

By Him in Whose Hand is the soul of Muhammad, the breath of the observer of fast is more fragrant to Allah than the scent of musk.

The fasting person has two occasions of joy: one when he breaks his fast, and the other when he meets his Lord and rejoices over his fasting."

### Study Questions (H9)

Why does Allah distinguish fasting from all other deeds by stating it is uniquely for Him?

What specific phrase does the Prophet (peace be upon him) command a fasting person to say when they are insulted or provoked?

According to the end of the Hadith, what are the two distinct moments of joy experienced by the person who fasts?

وعن أبي هريرة رضي الله عنه قال: قال رسول الله صلى الله عليه وسلم قال الله عز وجل: "أحب عبادي إلي أعجلهم فطرًا"

(H10/42) Abu Hurairah (May Allah be pleased with him) narrated:

The Messenger of Allah said that Allah ﷻ the Mighty and Sublime, said:

"The most beloved of My servants to Me are those who are swiftest to break their fast."

### Study Questions (H10)

According to this narration, which group of servants does Allah describe as the most beloved to Him?

Does this Hadith encourage those who are fasting to hasten or delay the breaking of their fast at sunset?

What specific action regarding the timing of the meal is highlighted as a virtuous deed in this text?